

Give it a Go Event

April 2026



Opening

Students with special educational needs and disabilities (SEND) across Leeds have continuously shared with us how they would like the opportunity to 'try out' different sports, groups and activities available to them in Leeds.

In July 2023; the first Give it a Go event was hosted and offered the opportunity for students to try out different sports and activities in a safe environment. 69 students attended the event.

Child Friendly Leeds and Leeds Trinity ran the event again in May 2025, with 100 students attending the event. Due to its success the event ran for a third year in April 2025, with 198 students attending.

Opportunity

Now in its third year, Give it a Go Sports Day continues to bring together local providers, schools and partners to deliver an inclusive, welcoming experience. This year's event included support from organisations such as Leeds United, Yorkshire Cricket Foundation, PE Partner, Breeze, Active Leeds and hosted in partnership with Leeds Trinity University.

Young people took part in a wide range of activities, including:

- Accessible bikes with Active Leeds
- Breeze games and inflatables
- Cricket with Yorkshire Cricket Foundation
- Football with Leeds United Foundation
- Gymnastics with Leeds Trinity
- Table tennis, Badminton & Basketball with PE Partner
- Sensory activities & Introduction to Mini First Aid.

Teachers, students and providers praised the event for creating a space where young people could explore new activities in a relaxed and supportive environment.

Outcome

Give it a Go will be an annual event run in partnership by Child Friendly Leeds, Voice and Influence and Leeds Trinity University.

During the event:

- 19 youth activity fund surveys were completed.
- 8 young people expressed an interest in joining the SEND Youth Council.
- 35 young people took information about the Leeds Local Offer.
- 40 young people took part in the Raising Awareness of Disabilities campaign.



Obligation

