

**Fun Activities and Short Breaks**

**Annual Catalogue 2025-26**

*for children and young people with special education needs and disabilities (SEND)*

This directory lists in detail fun activities and short breaks currently available to children and young people aged 0-18 in Leeds. The directory is accompanied by a guide, which explains more about the different LCC Commissioned Fun Activities and Short Breaks available and how to access them.

**Version 2 (September 2025) – listed price may vary due to April increases.**

**Contact: Short.Breaks.Coordinator@leeds.gov.uk**

**Universal services**

**Services for everyone including children and young people with additional needs**

Here is a list of services for all children and young people, including those with additional needs.

Please see the [Family Information Service](https://familyinformation.leeds.gov.uk/) website for further services and information on childcare such as playschemes, children’s centres and pre-schools.

The Leeds Local Offer [leedslocaloffer.org.uk](https://leedslocaloffer.org.uk) brings together information about all the services available in the city for children and young people aged 0-25 who have special educational needs and disabilities (SEND), including short breaks provision. Email feedback sent to [llo@leeds.gov.uk](mailto:llo@leeds.gov.uk) about the offer, along with the response, will be published, at least annually.

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| **Age** | **0-5 years** | **Primary Age** | **Secondary Age+** |
| **Services** | * Family Information Service * Children’s Centres * Private Nurseries, pre-schools, child minders * Third sector voluntary and faith groups   To find out more visit:  <https://familyinformation.leeds.gov.uk> | School or extended services activities e.g., out of school clubs, playschemes. To find out more visit: <https://familyinformation.leeds.gov.uk>  Uniformed groups, e.g., Brownies, Cubs, Scouts, Guides, etc:  <https://www.scouts.org.uk/> <https://www.girlguiding.org.uk/>  Leisure or sports centres classes. To find out more visit:  <https://active.leeds.gov.uk/home-(2)>  Arts activities - theatre, dance, music. To find out more visit:  <https://www.leeds.gov.uk/leisure> [www.breezeleeds.org](http://www.breezeleeds.org) | As primary age and also, youth services -  details available on the Breeze website.  For more details:  <https://breezeleeds.org/> |

**Targeted Services**

**Activities and Short Breaks that meet specific needs**

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| All Targeted Services can be accessed by completing the *Expression of Interest Form* [Short breaks for disabled children (leeds.gov.uk)](https://www.leeds.gov.uk/schools-and-education/support-for-pupils-with-send/short-breaks-for-disabled-children)  **\*Please note that services are for Children and Young People with SEND until their 18th birthday.** | | | |
| **Principles of Intimate Care and Personal Care**   * Every young person has the right to be safe. * Every young person has the right to personal privacy. * Every young person has the right to be valued as an individual. * Every young person has the right to be treated with dignity and respect.   'Intimate Care' can be defined as care tasks of an intimate nature, associated with bodily functions, bodily products, and personal hygiene, which demand direct or indirect contact with, or exposure of, the sexual parts of the body. Help may also be required with changing colostomy or ileostomy bags, managing catheters, stomas, or other appliances. ***The Intimate care tasks specifically identified as relevant include dressing and undressing (underwear); helping someone use the toilet; changing continence pads (faeces/urine); changing sanitary wear.***  ‘Personal Care’ generally carries more positive perceptions than intimate care. Although it may often involve touching another person, the nature of this touching is more socially acceptable, as it is less intimate and usually has the function of helping with personal presentation and hence is regarded as social functioning. These tasks do not invade conventional personal, private, or social space to the same extent as intimate care and are certainly more valued as they can lead to positive social outcomes for people. Personal care encompasses those areas of physical and medical care that most people carry out for themselves but which some are unable to do because of disability or medical need. ***Those personal care tasks specifically identified as relevant here include: skin care/applying external medication; feeding; hair care; dressing and undressing (clothing); washing non-intimate body parts; prompting/guidance to go to the toilet.*** | | | |
|  | **Personal Care available** | **Intimate Care available** | |
| **Weekend Providers** | * Endorphins | * Leeds Weekend Care Association | |
| **After School Providers** | * BID * Sunshine and Smiles | * Leeds Mencap * Leeds Weekend Care Association | |
| **Holiday Providers** | * Endorphins * BID * Sunshine and Smiles | * Leeds Mencap * ASAS | |

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| **Activity Information** | | | | |
| **Service** | **Target group** | **What the service offers** | **Cost** | **Session Time(s)** |
| **ASAS** (Aireborough Supported Activities Scheme)  **Play Schemes**  [jo.galasso@aireborough-scheme.co.uk](mailto:jo.galasso@aireborough-scheme.co.uk)  [**www.aireborough-scheme.co.uk**](http://www.aireborough-scheme.co.uk) | Age range: 5-18 | Play scheme offered to children and young people in the Aireborough area of Leeds only (LS5, 16, 18, 19, 20 & 21).   * 7th – 11th April 2025 * 24th July – 8th August 2025 | £16/day | 10.00am-3.00pm |
| **ASAS** (Aireborough Supported Activities Scheme)  **Activity Days**  [jo.galasso@aireborough-scheme.co.uk](mailto:jo.galasso@aireborough-scheme.co.uk)  [**www.aireborough-scheme.co.uk**](http://www.aireborough-scheme.co.uk) | Age range: 8 – 18  Open to all children  city-wide | Centre Based Activity days based at Lineham Farm. We offer one to one basis, where necessary; and organise a programme of outdoor activities; which may include climbing, adapted bikes, animal care or environmental activities, use of the games room and sensory caravan.   * 27th & 28th October 2025 * 16th & 17th February 2026 | £20/day | 9.45am-3.15pm |
| **BID**  **Weekly Youth Club**  **Fortnightly 14+ Group**  **Parent/Carer Support Group**  [leedsinfo@bid.org.uk](mailto:leedsinfo@bid.org.uk) | Age range: 8-18  For deaf, hard of hearing or visually impaired children. | The Youth Club is to meet friends, learn and gain skills include BSL, different activities to attend for young people in Leeds. The Youth club is open for deaf, hard of hearing and visual impaired children.  Monthly Art and crafts group with a HI/VI impairment. (Every 2nd Friday of the month)  Monthly Parent/Carer Support group via Zoom (Last Friday of the month). | £4 per session | **Monday evening** 6.00pm to 8.00pm  *(Term only)*  **Fortnightly Tuesday**  6.00pm -8.00pm C&YP aged 14-18 with a visual impairment. (*Term only)*  **Monthly Friday** 6.30pm to 8.00pm  **Monthly Friday** 7.00pm to 8.00pm |
| **Endorphins**  **Multi-Activity Weekend Sessions**  [**www.endorphins.uk**](http://www.endorphins.uk)  The Coop Academy Brierley, LS9 0BA  &  Networks House, LS12 5JB | Age range: 8 – 18 | Our sessions are designed for young people (aged 8-17) with SEND and additional needs to enjoy a variety of activities, enabling them to develop their independence and social skills in a fun, relaxed and supportive environment (1:4 staff participant ratio). | £20 per session | **Saturdays**  10.00am-3.00pm  *(Term time only)* |
| **Endorphins**  **Geeks Rooms**  **Geeks Room, First Floor, Armley Court,**  **5 Armley Road, LS12 2LB**  [**www.endorphins.uk**](http://www.endorphins.uk) | Age range: 8 – 18 | A wide range of gaming experiences in a safe and supportive setting. | £10 per session | **Every Saturday**  9.30am – 12.30pm  *(Term time only)* |
| **Leeds Mencap  Playschemes**    [**activities@leedsmencap.org.uk**](mailto:activities@leedsmencap.org.uk)  [**https://www.leedsmencap.org.uk/what-we-offer/groups-and-activities/playschemes/**](https://www.leedsmencap.org.uk/what-we-offer/groups-and-activities/playschemes/) | Age range: 4 – 8    Age range: 9 - 12    Age range: 13 - 18 | Holiday activity schemes for children and young people aged 4 -18 with learning disabilities/additional needs across three specific age groups. The playscheme is run from The Vinery Centre, Leeds, LS9 9LU.  The children and young people will do a range of different activities throughout the week such as baking, arts and crafts, messy & sensory play. Themed days such as People who help us, Outer Space, or Superheroes, seasonal activities for Easter/Summer. Previous workshops have included visits from the animals, music sessions, circus skills and sensory discos. | £20 per day    A packed lunch is required. | Sessions run 10.00am – 3.00pm |
| **Leeds Mencap  Tuesday Youth Club**  [activities@leedsmencap.org.uk](mailto:activities@leedsmencap.org.uk)  [**www.leedsmencap.org.uk**](http://www.leedsmencap.org.uk) | Age range: 9 - 13 Age Range: 14 - 18 | The groups meet fortnightly on a Tuesday evening during term time, alternating age groups each week. The groups are run from The Vinery Centre, Leeds, LS9 9LU.    The children and young people will do a range of activities such as arts and crafts, baking, sensory play sessions, as well as having access to our soft play room, sensory room and large enclosed outside play area. | £6.00 per week (Payable half termly in advance) | **Tuesday**  6.00-8.00 pm  *(Term time only)* |
| **LWCA** (Leeds Weekend Care Association)  **Weekenders Club**  The Vinery Centre, 20 Vinery Terrace, East End Park, Leeds, LS9 9LU  [office@lwca.co.uk](mailto:office@lwca.co.uk)  [**www.lwca.co.uk**](http://www.lwca.co.uk) | Age range: 5 - 13 | Saturday play scheme for children and young people with learning disabilities/additional needs. We operate from The Vinery Centre, Leeds 9. Children and young people who attend Weekenders Club can access the club once every four weeks for 3 hours.  We offer a range of fun activities including a bouncy castle, a ball pool, adapted bikes and sensory equipment. We also provide activities such as baking, arts and crafts and sports activities. | £12.00 per session. | **Saturday**  Morning Session:  9.30am to 12.30pm  Afternoon session: 1.30 pm to 4.30 pm |
| **LWCA** (Leeds Weekend Care Association)  **Teen Scene**  The Vinery Centre, 20 Vinery Terrace, East End Park, Leeds, LS9 9LU  [office@lwca.co.uk](mailto:office@lwca.co.uk)  [**www.lwca.co.uk**](http://www.lwca.co.uk) | Age range: 14 - 18 | Saturday play scheme for children and young people with learning disabilities/additional needs. We operate from The Vinery Centre, Leeds 9.  The young people who attend Teen Scene can access the club once every four weeks for 3 hours.  We offer a range of fun activities including a bouncy castle, a ball pool, adapted bikes and sensory equipment. We also provide activities such as baking, arts and crafts and sports activities. | £12.00 per session. | **Saturday**  Morning Session:  9.30am to 12.30pm  Afternoon session: 1.30 pm to 4.30 pm |
| **LWCA** (Leeds Weekend Care Association)  **Out & About Project**  [office@lwca.co.uk](mailto:office@lwca.co.uk)  [**www.lwca.co.uk**](http://www.lwca.co.uk) | Age range: 14 – 18 | Teenage outings in small groups in the local community; activities such as: bowling, eating out, theatre, theme parks, trampolining, snooker nights & youth club nights.  In school holidays we offer some full day activities and some evening activities. | Variable depending on activity (between £11.00 & £30.00) | Variable, depending on activity.  Evenings/after school, school holidays  Monday-Friday with occasional Sunday activity. |
| **Sunshine and Smiles**  (Leeds Down Syndrome Network)  [hello@sunshineandsmiles.org.uk](mailto:hello@sunshineandsmiles.org.uk)  **sunshineandsmiles.org.uk** | Age range: 2 - 18 | Sunshine and Smiles is a specific support network for children and young people who have Down syndrome.  Fortnightly music and creative groups - Sunbeams **(ages 2 - 8)** and Smilers **(ages 8 - 18)**  Saturdays 10.30am - 12.30pm  Fortnightly cricket sessions - Sunshine CC **(ages 11 - 25)**  Wednesdays 6.30pm - 7.30pm  Fortnightly football sessions - Sunshine FC **(ages 5 - 19)**  Sundays 10am - 11am  Fortnightly karaoke sessions - Sunshine Stars **(ages 10+)**  Thursdays 7pm - 8pm  Fortnightly online yoga sessions - with Poplar Yoga **(ages 11+)**  Tuesdays 7.30pm - 8.30pm  Fortnightly swimming sessions **(all ages)**  Saturdays 3.15pm - 4.15pm & 4.15pm - 5.15pm.  Regular youth group outings - bowling, trampolining, discos and more (**ages 11+)**  Various dates and times  Fortnightly sibling support groups **(age 8+)**  Wednesdays 6.30pm - 8pm | Suggested donation £5 | Fortnightly sessions |

**Short Breaks Services for children and young people with very complex needs (“specialist” services)**

**All specialist services can be accessed via the referral routes mentioned below.**

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| **Service** | **Target group** | **Referral route/access** | **What the service offers** |
| **Rainbow House** | Age range: 10 - 17 | Referral to RADAR panel by a Social Worker having identified need through a Child and Family assessment. | Planned overnight short breaks. |
| **Individual Support Workers** (ISW’s) | Age range: 0 – 17 | Referral to RADAR panel by a Social Worker having identified need through a Child and Family assessment. | Individually tailored packages of support. |
| **Children’s Disability and Fostering Team**  Leeds City Council | Age range: 0 – 17 | Referral to RADAR panel by a Social Worker having identified need through a Child and Family assessment. | Short breaks for children in the homes of trained and approved carer families. |
| **Health Short Breaks** | CYP with complex health needs.  Age range: 0 – 18 | Referral by a professional having identified a need through a Child and Family assessment or Early Help and nursing assessment. | Short breaks for children and young people with complex health needs. |
| **Children’s Continuing Healthcare** | CYP with complex health needs.  Age range: 0 – 18 | Referral by a professional having identified a need through a Child and Family assessment or Early Help and nursing assessment. | High dependency intensive home-based nursing provision. |
| **Hannah House**  [seniorstaffnurses.hannahhouse@nhs.net](mailto:seniorstaffnurses.hannahhouse@nhs.net) | CYP with complex health needs.  Age range: 0 – 18 | Referral by a professional having identified a need through a Child and Family assessment or Early Help and nursing assessment. | Planned overnight short breaks. |
| **Martin House**  [admin@martinhouse.org.uk](mailto:admin@martinhouse.org.uk) | CYP with complex health needs.  Age range: 0 – 18 | Direct referral to Martin House. | Individually tailored packages of support. |