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| **Leeds Local Offer (SEND) Ebulletin – August 2025** |
| Leeds SEND Local Offer logo  Welcome to the August 2025 edition of the Leeds Local Offer ebulletin.  The ebulletin is an opportunity for us to share with you an update for the Leeds Area SEND and AP Partnership Board, service updates, opportunities and events for children, young people, parents, carers and professionals.  We encourage you to share the information within your teams and with children, young people and families you are working with.   * [SEND and Inclusion Transformation update](#_SEND_and_Inclusion) * [Service updates](#_Service_Updates) * [Events and groups for families](#_Events_for_families) * [Voice and influence opportunities](#_Voice_and_influence) * [Professionals – resources, opportunities and events](#_Professionals_–_resources,)   Previous editions of the ebulletin can be found here: <https://tinyurl.com/LLObulletin>  If you have any stories, service updates, groups or events that you would like us to feature in a future issue you can send them to me at [LLO@leeds.gov.uk](mailto:LLO@leeds.gov.uk). |
| **SEND and Inclusion Transformation update** |
| Following an increase in demands on service and workforce challenges resulting in a drop in statutory performance, Leeds City Council accessed its EHC assessment, plan, and annual review processes to identify key opportunities for change. The review has identified areas for improvement in the Council's communications, processes, support provided, and consistency in approaches.Our aim is to implement changes and improvements, to help the Council achieve its vision, that children and young people in Leeds with SEND, have the best possible start to life and equal opportunities to learn.The Children and Families Directorate will keep you updated throughout the process, we have [developed a webpage](https://eur03.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.leedslocaloffer.org.uk%2Feducation%2Fsend-and-inclusion-transformation&data=05%7C02%7CLLO%40Leeds.gov.uk%7C131cb20817874f34abe608dd8d571710%7C16864fae286e4707a78bd7188d6149a7%7C0%7C0%7C638822127363699545%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIwLjAuMDAwMCIsIlAiOiJXaW4zMiIsIkFOIjoiTWFpbCIsIldUIjoyfQ%3D%3D%7C0%7C%7C%7C&sdata=8Acuw1Fqch8zdPPhAayNJQj1NdQXIEGdXuMuc4KxKOk%3D&reserved=0) that will serve as an information hub about the changes.If you have any queries in relation to the programme, please get in touch with us at [**ehcpreview@leeds.gov.uk**](mailto:ehcpreview@leeds.gov.uk). |
| **Service updates / information** |
| **New coproduced resources**  As part of the #[AutismADHDAllies](https://eur03.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.wypartnership.co.uk%2Fcampaigns%2Fautismadhdallies&data=05%7C02%7CLLO%40Leeds.gov.uk%7Cc4b4d02ca68445a926e808ddbd2cf454%7C16864fae286e4707a78bd7188d6149a7%7C0%7C0%7C638874722996407777%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIwLjAuMDAwMCIsIlAiOiJXaW4zMiIsIkFOIjoiTWFpbCIsIldUIjoyfQ%3D%3D%7C0%7C%7C%7C&sdata=hWKzk6SwRY0aVH6SrLcWjZ7B7vSZUl9jPafuN3Wd7PA%3D&reserved=0) and #[LetsConnect](https://eur03.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.wypartnership.co.uk%2Four-priorities%2Fmental-health-learning-disability-and-autism%2Fchildren-and-young-peoples-mental-health%2Fletsconnect-campaign&data=05%7C02%7CLLO%40Leeds.gov.uk%7Cc4b4d02ca68445a926e808ddbd2cf454%7C16864fae286e4707a78bd7188d6149a7%7C0%7C0%7C638874722996426271%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIwLjAuMDAwMCIsIlAiOiJXaW4zMiIsIkFOIjoiTWFpbCIsIldUIjoyfQ%3D%3D%7C0%7C%7C%7C&sdata=Vve3kbprMUMQEDRNb%2Fsm0vPohqOHAd%2FYywCS7nQS1Tw%3D&reserved=0) campaign; the [West Yorkshire Neurodiversity Programme](https://eur03.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.wypartnership.co.uk%2Four-priorities%2Fmental-health-learning-disability-and-autism%2Fneurodiversity&data=05%7C02%7CLLO%40Leeds.gov.uk%7Cc4b4d02ca68445a926e808ddbd2cf454%7C16864fae286e4707a78bd7188d6149a7%7C0%7C0%7C638874722996440652%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIwLjAuMDAwMCIsIlAiOiJXaW4zMiIsIkFOIjoiTWFpbCIsIldUIjoyfQ%3D%3D%7C0%7C%7C%7C&sdata=RPg4EKjgLumd%2FjrBbKITW5GLG%2BaJGF%2Fd1skhYgHqf6s%3D&reserved=0) and All Sar have co-produced resources for young people and families.  Our aim is to empower children and young people to feel independent and supported as they navigate life’s challenges. We have episodes on [**school transitions**](https://eur03.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.wypartnership.co.uk%2Four-priorities%2Fmental-health-learning-disability-and-autism%2Fneurodiversity%2Froutes-and-routines%2Fschool-transitions&data=05%7C02%7CLLO%40Leeds.gov.uk%7Cc4b4d02ca68445a926e808ddbd2cf454%7C16864fae286e4707a78bd7188d6149a7%7C0%7C0%7C638874722996453748%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIwLjAuMDAwMCIsIlAiOiJXaW4zMiIsIkFOIjoiTWFpbCIsIldUIjoyfQ%3D%3D%7C0%7C%7C%7C&sdata=nelXpWprxjLnu3z4sG74PlPyAz88y5F1775nbiauLpE%3D&reserved=0)**,** [**sleep**](https://eur03.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.wypartnership.co.uk%2Four-priorities%2Fmental-health-learning-disability-and-autism%2Fneurodiversity%2Froutes-and-routines%2Fgoodsleep&data=05%7C02%7CLLO%40Leeds.gov.uk%7Cc4b4d02ca68445a926e808ddbd2cf454%7C16864fae286e4707a78bd7188d6149a7%7C0%7C0%7C638874722996466633%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIwLjAuMDAwMCIsIlAiOiJXaW4zMiIsIkFOIjoiTWFpbCIsIldUIjoyfQ%3D%3D%7C0%7C%7C%7C&sdata=pEtGYDd3RLnnmOxspkhSntkx6WwnhyLI8mxLeTwOXV0%3D&reserved=0)**,** and [**eating**](https://eur03.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.wypartnership.co.uk%2Four-priorities%2Fmental-health-learning-disability-and-autism%2Fneurodiversity%2Froutes-and-routines%2Ffoodforthought&data=05%7C02%7CLLO%40Leeds.gov.uk%7Cc4b4d02ca68445a926e808ddbd2cf454%7C16864fae286e4707a78bd7188d6149a7%7C0%7C0%7C638874722996479416%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIwLjAuMDAwMCIsIlAiOiJXaW4zMiIsIkFOIjoiTWFpbCIsIldUIjoyfQ%3D%3D%7C0%7C%7C%7C&sdata=eZqSgtds6B84BGI6BIDc4SBrw9xfzsY3hbsqyhgoD3g%3D&reserved=0)**,** and we’ve included a variety of top tips and suggestions to help children and young people find what works best for them. With an emphasis on reducing pressure and encouraging children and young people to take their own path.  This information is grounded in lived experience, with the creation to be beneficial for all—not just for neurodivergent children and young people. We have also concentrated on the content being fully accessible to different learning needs, which is why it’s available in a range of formats, including **videos** (with and without subtitles and background audio), **booklets** (with images and plain text), and **audio recordings**. You can also listen to our panel discuss the resources and working together to produce the work for our young people in the [behind the scenes](https://eur03.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.wypartnership.co.uk%2Four-priorities%2Fmental-health-learning-disability-and-autism%2Fneurodiversity%2Froutes-and-routines%2Fbehind-scenes&data=05%7C02%7CLLO%40Leeds.gov.uk%7Cc4b4d02ca68445a926e808ddbd2cf454%7C16864fae286e4707a78bd7188d6149a7%7C0%7C0%7C638874722996492083%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIwLjAuMDAwMCIsIlAiOiJXaW4zMiIsIkFOIjoiTWFpbCIsIldUIjoyfQ%3D%3D%7C0%7C%7C%7C&sdata=WtHJgoE457tqg6wru%2B5VW%2FieOJTBfLFPDXh9Nedva60%3D&reserved=0) area of the webpage.  [YouTube play list.](https://www.youtube.com/playlist?list=PLSEYtPE8N909Z01llnKH3Y_VZRr0xPSRX) |
| **Annual Health Checks for Young People with a Learning Disability**  Did you know that from age 14, young people on the Learning Disability Register are entitled to a free Annual Health Check? These checks can lead to earlier interventions, better health outcomes, and a more confident relationship with healthcare providers.  The Leeds Parent Carer Forum recently met with the Health Facilitation Team (HFT), part of the Leeds Learning Disability Service, where we were provided with lots of information about these health checks.  We’ve summarised some of our key takeaways from the meeting at our website, covering:   * What the Annual Health Check is and why it matters * Who is eligible * What to expect from the appointment * Useful links and resources from the Health Facilitation Team in Leeds   [Read more here.](https://www.leedsparentcarerforum.co.uk/news/annual-health-checks-for-young-people-with-a-learning-disability/?fbclid=IwY2xjawLrKGpleHRuA2FlbQIxMABicmlkETBmSU9sQ0FzVGVhaWMyVk96AR4hYxsulP_lmmT-kg4YnIve8JgHjZcHL7YTJhiem0cNcjQDr4CxaF-NUKBPHw_aem_Hr7pQ3o355iDcHgLyziH6Q) |
| **SNAPS new site at Co-op Academy Brierley**  SNAPS is launching a brand new site at Co-op Academy Brierley, Cross Green. This is in addition to SNAPS' existing services at Broomfield and Penny Field, and will allow the charity to support even more children and families across the region.  From Saturday 20th September, families will be able to access a range of services, including: private family sensory sessions, rebound therapy, dance and musical theatre sessions, archery (using safe inflatable equipment), a cinema club and a cookery club.  [Click here](https://www.snapsyorkshire.org/our-new-site-at-co-op-academy-brierley/) for more information. |
| **Events and groups for families** |
| **SEND parent carer monthly information drop-in**  A monthly drop in for parents and carers to speak to services to receive information and advice about what is available in Leeds to support their family.   * Leeds Local Offer * SENDIASS * Leeds Parent Carer Forum * Carers Leeds * Child Health and Disability Team (CHAD) * Leeds Speech and Language Service   **Dates and times of drop in**   * Wednesday 17th September 2025, 10.30 till 12.30 at Plus Net, 17 Marlborough Street, Leeds, LS1 4PE * Wednesday 15th October 2025, 10.30 till 12.30 at Otley Social Club, Hollin Gate, LS21 2DP   Each drop in will host a workshop for parents and carers.  If you require further information about the drop in sessions please email [LLO@leeds.gov.uk](mailto:LLO@leeds.gov.uk) or join the Leeds Local Offer [facebook group](https://www.facebook.com/groups/leedslocaloffer/?locale=en_GB). |
| **Free ARFID workshop and coffee morning**  Wednesday, 24th September, 10:00am–12:00pm The Vinery Centre, Leeds  Does your child have food-related challenges or ARFID?  Join the Leeds Parent Carer Forum for a relaxed, friendly session with Occupational Therapist Emma Smith from The Juniper Tree.  The main goals for the workshop are:   * To support parent carers on their journey with food challenges and ARFID; * To explain the reasons behind ARFID e.g. sensory processing etc.; * To share any good practice and hints and tips which could help children; and * To let parent carers know they are not alone.   [Book your free place here](https://www.eventbrite.com/e/coffee-morning-and-arfid-workshop-tickets-1434326983619). |
| **STARS training (parent and professionals)**  These workshops aim to provide information for parents to support their autistic child at home. Training sessions will be delivered through Teams  For parents to book please email [send@leeds.gov.uk](mailto:starsteam@leeds.gov.uk) with your name, email and training date you would like to be booked on.  **Emotional wellbeing**  Friday 5th September 2025, 9.45 till 11.15  This session will explore why autistic children and young people are at greater risk of poor mental health. We will discuss how we can work with children and young people to explore the causes of poor mental health, overcome barriers to wellbeing, and support the development of coping mechanisms.  **Preparation for adulthood: person centred planning tools**  Wednesday 1st October 2025, 9.45 till 11.15  This session is suitable for parents and professionals who are currently supporting children and young people to plan their pathway to adulthood using their strengths and interests as a starting point. This session will focus on planning from Early Years through to Year 13 (Key stage 5) and will explore a range of resources, strategies and approaches to aid understanding of needs and ongoing support.  **Sensory support in the home**  Wednesday 5th November 2025, 9.45 till 11.15  This session will give a brief introduction to sensory processing and regulation, exploring its importance in supporting the wellbeing of autistic children and young people. The session will also offer advice around sensory support strategies that can be implemented in the home.  **Preparation for adulthood: friends, relationships and community**  Wednesday 3rd December 2025, 9.45 till 11.15  This session is suitable for parents and professionals who are currently supporting children and young people to develop healthy friendships and relationships. We will be exploring the factors that can present challenges for autistic and ND children and young people and how to effectively promote positive social inclusion, consent and how to navigate the social world safely in the early years through to early adulthood.  We will be exploring and sharing key resources and approaches to promote healthy social opportunities for children and young people. |
| **toothPASTE is now live!**  [**autismtoothcare.com**](https://eur03.safelinks.protection.outlook.com/?url=https%3A%2F%2Fautismtoothcare.com%2F&data=05%7C02%7CLLO%40Leeds.gov.uk%7C5d15ab2dcc7b4c101e9308ddc39b592d%7C16864fae286e4707a78bd7188d6149a7%7C0%7C0%7C638881794174802684%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIwLjAuMDAwMCIsIlAiOiJXaW4zMiIsIkFOIjoiTWFpbCIsIldUIjoyfQ%3D%3D%7C0%7C%7C%7C&sdata=pyUQiVFFfx1qwo%2BozfV%2BZa6mKdZdRf%2Fyj%2FVBihkaJ%2FE%3D&reserved=0)  toothPASTE is a free, online resource developed with parents and professionals to support autistic children’s oral health. It includes small, practical steps to help with toothbrushing, reducing sugary foods and drinks, and attending dental appointments. The resources are autism-informed, non-judgemental, and easy to use.  Just to clarify, *toothPASTE* and *autismtoothcare.com* are the same project. We chose the website name based on likely search terms and input from our research team and PPIE group.  To find out more about the research behind toothPASTE [click here.](https://eur03.safelinks.protection.outlook.com/?url=https%3A%2F%2Fugc.production.linktr.ee%2F7606ce56-1b8b-43e4-a866-524aec8c15ba_toothPASTE-professional-summary-final.pdf&data=05%7C02%7CLLO%40Leeds.gov.uk%7C5d15ab2dcc7b4c101e9308ddc39b592d%7C16864fae286e4707a78bd7188d6149a7%7C0%7C0%7C638881794174819741%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIwLjAuMDAwMCIsIlAiOiJXaW4zMiIsIkFOIjoiTWFpbCIsIldUIjoyfQ%3D%3D%7C0%7C%7C%7C&sdata=ha2HQn1vCZeFxezniZ0BoikB0uX2Gg9eT%2BVWl7BYHmg%3D&reserved=0) |
| **Voice and influence opportunities** *opportunities for young people, parents and carers to have their voices heard.* |
| **Children’s Centre Review**  We want to find out what you think about proposals to change how we offer family services and support from Children’s Centres in Leeds. We are asking for views on both Children’s Centre buildings and the services they provide to families.  The consultation runs until **31 July**, and we want to make sure as many people as possible have the chance to take part.  **Fill in the survey**  You can take part by filling in one of our surveys:   * **Public survey** - open to anyone who lives in Leeds or nearby: [www.leeds.gov.uk/ccsurvey](https://eur03.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.leeds.gov.uk%2Fccsurvey&data=05%7C02%7CKayleigh.Thurlow%40leeds.gov.uk%7Cd634733222e241407b5108ddb7d546ee%7C16864fae286e4707a78bd7188d6149a7%7C0%7C0%7C638868849315900333%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIwLjAuMDAwMCIsIlAiOiJXaW4zMiIsIkFOIjoiTWFpbCIsIldUIjoyfQ%3D%3D%7C0%7C%7C%7C&sdata=7rM8vD5wJFtlSLmAlrVkhNojwR95vXqddIJlgPJfQrU%3D&reserved=0) * **Professionals survey** - for professionals working with families that have children under 5 years old: [www.leeds.gov.uk/ccprofessionalsurvey](https://eur03.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.leeds.gov.uk%2Fccprofessionalsurvey&data=05%7C02%7CKayleigh.Thurlow%40leeds.gov.uk%7Cd634733222e241407b5108ddb7d546ee%7C16864fae286e4707a78bd7188d6149a7%7C0%7C0%7C638868849315935950%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIwLjAuMDAwMCIsIlAiOiJXaW4zMiIsIkFOIjoiTWFpbCIsIldUIjoyfQ%3D%3D%7C0%7C%7C%7C&sdata=LGRnYuRiH%2F76MRATNT3SJVFrTLSVeJrlOzOLrw%2Fyjgo%3D&reserved=0)   Visit the consultation webpage for supporting documents and event details: [www.leeds.gov.uk/ChildrensCentres](http://www.leeds.gov.uk/ChildrensCentres)  You can also speak to staff at any of the Children’s Centres about the proposals, and for help completing the survey or sharing your views.  If you have any questions, please contact us at: [childrenscentresreview@leeds.gov.uk](mailto:childrenscentresreview@leeds.gov.uk) |
| **Understanding ARFID – You're Not Alone**  Food-related challenges can have a big impact on family life – and we know many families across Leeds are navigating this right now.  In the Leeds Parent Carer Forum’s latest blog post, they talk about ARFID (Avoidant/Restrictive Food Intake Disorder), including some trusted resources and where to find support.  Read the [blog post here](https://www.leedsparentcarerforum.co.uk/news/understanding-arfid-support-and-resources-for-families/?fbclid=IwY2xjawLrJYdleHRuA2FlbQIxMABicmlkETBmSU9sQ0FzVGVhaWMyVk96AR7puL7XA1LIHkGN5RjLcyWWi1T1WcaPVHPghoiqzmA5iGgzCjxga9-GI4KPLQ_aem_K46D5u8u5oI3vrGeT3YKJg).  We are also inviting parents and carers to take part in our survey about ARFID, so we can better understand how it’s affecting SEND families across Leeds.  [Click here](https://docs.google.com/forms/d/e/1FAIpQLSd6xxmlp_rkuamK_pEuEv_qCMnkehixwT6-U4_xDCOfM4EJSg/viewform?pli=1&fbclid=IwY2xjawLrJa1leHRuA2FlbQIxMABicmlkETBmSU9sQ0FzVGVhaWMyVk96AR5H8jYdfu-9Tr4rnMT0UtHSgfvhWWXK-bQBgGvh3N8PwoMPAeqo7gZSXnQiIg_aem_h5PxHvdPGBLTVSnCQFVSQA) to fill out the survey (open until 30 September 2025). |
| **Early Help Lets Talk Event** Have you experienced being part of an early help plan?   Would you like to have your say on how we can shape services for the better?   It doesn't matter if your experience was good, bad, long or short. We want to hear from you!  We want to work with parents / guardians to co-create a better system.  **Let’s talk events**   * 4th September 2025, 10am till 2pm at St Georges Centre, LS10 4UZ * 18th September 2025, 10am till 2pm at Bramley Community Hall, LS13 2JB * 25th September 2025, 10am till 2pm at Dame Fanny Waterman Centre, LS9 2QJ   To book at space at one of the Lets Talk events email families.first@leeds.gov.uk or call 0113 3781840 |
| **Have your say on how Leeds City Council and partners can deliver a more inclusive and accessible environment for Holbeck**  We will embark on a programme of work to improve the public realm and environment around Holbeck’s local centre greenspaces and highway, reduce fuel poverty retrofitting back-to-back terrace housing with energy saving solutions and refurbish the St Matthew’s Community Centre and The Old Box Office buildings with our partners Holbeck Together and Leeds Building Society.  The Inclusive Design Panel seeks to recruit a diverse membership including disabled people, older people, carers of disabled and older people, members of the LGBTQ plus community, people caring for young children, young people, and people from all faith communities.  The panel will be representative of the diversity in Holbeck and be able to help choose designs which will deliver inclusive spaces and places everyone can share and enjoy.  The Inclusive Design Panel will:   * *Be part of design consultation sessions where the needs of all communities are identified and explored*. *We will look at streets, parks, open public spaces and buildings.* * *Take part in regular meetings to evaluate and challenge designs to ensure they are workable and address what is needed. Sharing your lived experience will be a valuable part of this process.* * *Work with us to create spaces which are welcoming for everyone in the Holbeck community.*   If you are interested in joining this panel please download the [questionnaire](https://heartofholbeck.commonplace.is/en-GB/proposals/v3/inclusive-design-panel?step=step1) and email it to [levelling.up@leeds.gov.uk](mailto:levelling.up@leeds.gov.uk). |
| **Professionals** resources, opportunities, and events. |
| **Leeds Local Offer communications and engagement toolkit**  The Leeds Local Offer is everyone’s responsibility and it is everyone’s responsibility to ensure the families they work with are aware of the website and mechanisms to find out about SEND services in Leeds.  There are different ways you can promote and share information about the Leeds Local Offer with families you work with:   * In your newsletters. * On social media. * Displaying poster / flyers in communal areas. * Support parents / carers to use the Leeds Local Offer website. * Invite the Leeds Local Offer Team to coffee mornings or school events.   We have developed a communications and engagement toolkit to support you in promoting and sharing information about the Leeds Local Offer with the families you work with.  [Click here](https://www.leedslocaloffer.org.uk/information-professionals/leeds-local-offer-send) to download the toolkit. |
| **FREE Seed Gathering sessions for Leeds schools**  FREE Seed gathering workshops for schools/educational groups this Autumn, available Wednesday 10 September to Friday 10 October 2025.  Your class/educational group is invited to get involved with our Woodland Creation Scheme this Autumn.  Join Leeds City Council’s Countryside Rangers in your local park or green space to collect seeds, berries and nuts that can be grown into trees in our nursery and be planted out in the future. These workshops are part of Leeds City Council’s Woodland Creation Scheme, which aims to grow and plant 5.8 million trees over 25 years, to help combat our Climate Emergency.  Our FREE two-hour workshops include a seed gathering walk, plus games and activities themed on seed dispersal, plant needs and the benefits of trees for people and wildlife. These activities can be tailored to the stage of your class but are ideal for Years 3-5, and tie in with the national curriculum.  Morning (10am-12noon) and/or afternoon (12.30-2.30pm) workshops can take place in our larger parks or reserves, or we can help you find a suitable greenspace within walking distance of your school.  Please email [countrysiderangers@leeds.gov.uk](mailto:countrysiderangers@leeds.gov.uk) with your preferred date and site/s, the number of classes you’d like to be involved and which year group they’re from. |
| **STARS training (parent and professionals)**  The STARS workshops aim to provide slides and resources that can be used to deliver the training to their school’s parents.  For professionals to book a place on the training sessions of your choice please book via this link [Training & Events | Leeds for Learning](https://www.leedsforlearning.co.uk/Training?Id=3467)  Training sessions will be delivered through Teams.  **Emotional wellbeing**  Friday 5th September 2025, 9.45 till 11.15  This session will explore why autistic children and young people are at greater risk of poor mental health. We will discuss how we can work with children and young people to explore the causes of poor mental health, overcome barriers to wellbeing, and support the development of coping mechanisms.  **Preparation for adulthood: person centred planning tools**  Wednesday 1st October 2025, 9.45 till 11.15  This session is suitable for parents and professionals who are currently supporting children and young people to plan their pathway to adulthood using their strengths and interests as a starting point. This session will focus on planning from Early Years through to Year 13 (Key stage 5) and will explore a range of resources, strategies and approaches to aid understanding of needs and ongoing support.  **Sensory support in the home**  Wednesday 5th November 2025, 9.45 till 11.15  This session will give a brief introduction to sensory processing and regulation, exploring its importance in supporting the wellbeing of autistic children and young people. The session will also offer advice around sensory support strategies that can be implemented in the home.  **Preparation for adulthood: friends, relationships and community**  Wednesday 3rd December 2025, 9.45 till 11.15  This session is suitable for parents and professionals who are currently supporting children and young people to develop healthy friendships and relationships. We will be exploring the factors that can present challenges for autistic and ND children and young people and how to effectively promote positive social inclusion, consent and how to navigate the social world safely in the early years through to early adulthood.  We will be exploring and sharing key resources and approaches to promote healthy social opportunities for children and young people. |
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